

LEGEND

AO Adults Only
 BDSPK Birthday People Speaker
 BS Book Study
 BYOB Bring Your Own Book
 C Close to Public
 CHIP Chips for Clean Time
 CNDL Candle Light
 LGBT LesbianGayBiT transgender
 MM Mens Meeting
 NC No Children
 NS No Smoking
 NWA Non-Wheelchair Accessible
 O Open to Public
 OD Open Discussion
 RF Rotating Format
 SB Social Break
 SD Speaker Discussion
 SPK Speaker
 SS Step Study
 TD Topic Discussion
 WA Wheelchair Accessible
 WM Womens Meeting
 Y Youth Meeting

Shasta Area Service Meetings:

First Sunday of the Month
 12:00 Hospitals & Institutions
 1:00 PM Area Service Committee (ASC)
 @ 1050 State St. Redding Ca
 (Alano Club)

New GSR's
 12:30 PM Before ASC Meeting

Activities
2nd and 4th Sunday @ 4:30 pm
 At the Alano Club
 1050 State St Redding

EMAIL US AT

web-master@shastana.org
 asc-chair@shastana.org
 pr-chair@shastana.org
 newsletter@shastana.org
 facebook@shastana.org

If you think you want to use, call one of these numbers BEFORE you pick up.

NA HELP LINES

Shasta/Trinity 800.764.1081
Anderson 877.669.1669
Chico 877.669.1669
Sacramento 916.732.2299
Humboldt Del Norte 866.315.8645
Northern Ca Region 707.422.9234
NAWS (World Services) 818.773.9999
Spanish Speaking Area 855.667.2262

USE THIS TO GET A PHONE LIST FROM THE MEETING YOU ARE AT

May 2019



Narcotics Anonymous

24 HOUR HOTLINE
800.764.1081

For information on meetings and activities in this area or to talk to another recovering addict please call the number above.

We can be reached by mail at
 P.O. Box 994073
 Redding, California 96099-4073
 Or on the web at
<http://www.shastana.org>

Permission to copy schedule is automatically granted.

No animals allowed in meetings or special events unless licensed for service.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>* 12:00-1:00PM It's A Way Of Life Hill Country C.A.R.E Center 1401 Gold St. Redding enter @ door on corner of Gold and Market Street (O/OD/NS/WA) NA meeting</p> <p>12:00-1:00PM JFT Grp. IWH&W Holy Trinity Lutheran Church 2150 Main St Weaverville (O/SS)</p> <p>7:15-8:15PM REDYNA Alano Club (Upstairs) 1050 State Street, Redding (O)</p> <p>7:00-8:00PM It Works How & Why Solid Rock Fellowship Church Corner of Hwy 3 & Tule Crk Rd. Hayfork (O/BS)</p> <p>7:00-8:00PM HIWAY 3 H.O.W. Grp. New Apostolic Church 31361 Hwy 3 Weaverville (C/NC Addicts Only)</p>	<p>* 12:00-1:00PM JFT Living Clean Holy Trinity Lutheran Church 2150 Main St Weaverville (O/JFT/TD)</p> <p>* 12:00-1:00PM It's A Way Of Life Hill Country C.A.R.E Center 1401 Gold St. Redding enter @ door corner of Gold and Market Street (O/OD/NS/WA) NA meeting</p> <p>6:00-7:00PM Men's Stag Group Alano Club (Upstairs) 1050 State St., Redding (O/MM/RF/CHIP)</p> <p>* 7:00-8:00PM - From The Heart Visions of the Cross 3617 Ricardo Ave, Redding (O/Y/RF/NS/WA/SPK-CHIP) 4th Tuesday of the month</p>	<p>12:00-1:00PM Noon Book Study All Saints Episcopal Church 2150 Benton Dr Redding (O/BS)</p> <p>12:00-1:00PM JFT Grp. - Just For Today Holy Trinity Lutheran Church 2150 Main St Weaverville (O/TD/BS)</p> <p>* 7:00-8:00PM Courage to Change Alano Club (Upstairs) 1050 State St, Redding (O/RF/NS/NWA)</p> <p>7:00-8:00PM We Care John Beaudet Community Cntr 1525 Median Ave, Shasta Lake (The Craft Room) (O/RF/BD/SPK/CHIP/WA)</p>	<p>* 12:00-1:00PM It's A Way Of Life (Finding Something New in Recovery) Hill Country C.A.R.E Center 1401 Gold St. Redding enter @ door corner of Gold and Market Street (O/OD/NS/WA) NA meeting</p> <p>12:00-1:00PM JFT Grp. - Topic Cup Holy Trinity Lutheran Church 2150 Main St Weaverville (O/TD/TC)</p> <p>6:00-7:00PM - Women's Connection First United Methodist Church 1825 East St, Redding (O/W/M/RF/WA)</p> <p>* 7:00-8:00PM HIWAY 3 H.O.W. Grp Women's Meeting New Apostolic Church 31361 HWY 3, Weaverville (C/NC Addicts Only)</p> <p>* 7:30-9:00PM More Will Be Revealed All Saints Episcopal Church 2150 Benton Dr Redding (O/SD/BDSPK/CHIP/WA)</p>	<p>* 12:00-1:00PM It's A Way Of Life Hill Country C.A.R.E Center 1401 Gold St. Redding enter @ door corner of gold and Market Street (O/OD/NS/WA) NA meeting</p> <p>12:00-1:00PM JFT Grp. - Inside Mtg. Holy Trinity Lutheran Church 2150 Main St Weaverville (O/BS/CHIP is last Fri of the month) Tradition Study</p> <p>7:00-8:30PM - Walk the Talk First United Methodist Church 1825 East St, Redding upstairs in room 21 (O/WA/SPK-CHIP 2nd Fri. of Month)</p>	<p>8:00-9:00AM Recovery First 735 Main Street Weaverville, CA (O/JFT)</p> <p>10:00-11:30AM Wake Up to Recovery Alano Club (Downstairs) 1050 State St., Redding (O/RF/SB/WA)</p> <p>* 7:30-9:00PM Saturday Night Live Alano Club (Upstairs) 1050 State St. Redding, CA 4th Sat. is a Birthday & Speaker meeting (O/RF/SB)</p>
SUNDAY					
<p>* 7:00-8:00PM HIWAY 3 H.O.W. Grp New Apostolic Church 31361 HWY 3, Weaverville (O)</p> <p>* 7:00-8:00PM Book Study John Beaudet Community Cntr 1525 Median Ave, Shasta Lake (The Craft Room) (O/BS/WA)</p> <p>7:00-8:00PM Each One Teach One Hill Country C.A.R.E Center 1401 Gold St. Redding enter @ corner of Market St (O/OD/CNDL/RF/WA)</p>					

ANDERSON/COTTONWOOD MEETINGS

Time	City	Address	Location	Meeting Name	Legend
Mon-7:00 PM	Anderson, Ca	3434 North St.	Church of Christ	Serenity at Seven	C/RF/SB/NC
Tue-7:00 PM	Cottonwood, Ca	3320 Brush St.		Time For Recovery	C/NS/TD/AO

ANDERSON/COTTONWOOD MEETINGS (CONT.)

Time	City	Address	Location	Meeting Name	Legend
Thurs-7:00PM	Cottonwood, Ca	3320 Brush St.		PM Talk Recovery	C/NS/SD

*****ANNUAL EVENTS*****
 SHASTA - TRINITY UNITY DAY May 18th 2019 in Junction City Art North Fork Grange 10am-11pm
 SHASTA - TRINITY/RAC Campout August 2nd-4th in Lewiston at the Trinity River Resort & RV Park
